

单元	Unit6 Food and Drinks
内容	Culture Understanding&Group work
课时	Period 5, 40 minutes
教材	《English》 Basic Module One
教学目标	1. 语言能力 (1) 能听懂并运用与 “饮食、聚餐、商务用餐” 相关的核心词汇（如 dumpling、pocket、dough、fillings、sauce、fill...with... 等）和句型，完成点餐、邀约、用餐沟通等基础对话。 (2) 能在模拟的商务晚餐场景中，用英语清晰地表达餐厅选择、用餐偏好、餐桌礼仪相关的沟通内容，做到表达得体、逻辑清晰。 2. 文化意识 (1) 了解世界不同国家的饮食文化多样性，尊重各国用餐礼仪与文化习惯，树立平等、包容的跨文化意识。 (2) 理解中华饮食文化的内涵（如传统美食、待客礼仪），增强文化自信，同时培养商务场合中尊重他人、得体守礼的职业素养。 3. 思维品质 (1) 能对比分析中西方在“用餐文化、餐桌礼仪、商务用餐沟通方式”上的差异，理解不同文化背景下的思维表达特点（如西方商务用餐的直接沟通与中方委婉表达的差异）。 (2) 能辩证看待文化差异，不刻板、不偏见，学会在跨文化沟通中灵活调整表达策略，避免沟通误解。 4. 学习能力 (1) 能通过课本、网络资源等渠道，自主拓展与 “饮食文化、商务英语” 相关的词汇和表达，完成课前预习与课后拓展练习。 (2) 能主动在小组讨论、模拟对话中练习所学内容，通过自评、互评发现

	不足，调整学习方法，提升自主解决问题的能力。
教学重点	(1) 掌握本节课与饮食、商务用餐相关的核心词汇、短语和句型，能在语境中正确理解与运用。 (2) 能围绕 “不同国家的饮食文化” 进行话题讨论，完成基础的英语表达。 (3) 掌握商务晚餐餐厅选择的基本沟通逻辑，能进行简单的场景对话。
教学难点	(1) 能在模拟的商务用餐场景中，自然、得体地运用所学语言完成连贯对话，克服中式英语表达障碍。 (2) 能深入理解中西方饮食文化差异背后的思维逻辑，并在跨文化沟通中灵活调整表达，避免文化冲突。 (3) 能将语言知识转化为职场沟通能力，在真实 / 模拟场景中展现符合职业要求的商务用餐礼仪与沟通素养。
教学策略	1. 教学平台：学习通 2. 教学法：小组讨论法、任务教学法、情境教学法 3. 教学资源： 课件、课本、模拟餐厅菜单
教学过程	
课时五	
一、学习目标	展示本课学习目标。
二、导入	1. 播放一段关于世界各地美食的视频。 

2. 思考一个问题：中国有哪些菜系？



1. 快速阅读文本，找出文章的主要观点。

Culture Understanding

Food Culture

Tony, an American boy, is talking about his experience with food.

There are many different cultures in the world, all with different food, clothes, housing, etc. Let's take a deeper look at food. Some cultures might find one type of food to have an unusual or **unpleasant** taste, while other cultures might find it to be a gourmet specialty.

I traveled to Germany last summer vacation. In Southern Germany, one common dish is steamed dumplings with a salty crust served with either vanilla sauce or potato soup. The dumpling is made of sweet yeast dough, while the crust is crispy and salty. The mixture of sweet vanilla and crispy salty crust sounds strange to most Americans, but it tastes delicious.

I also tried Chinese food. Jiaozi is the one I like best. It is a kind of dumplings, either steamed or boiled. People say that it was Zhang Zhongjing, an ancient Chinese doctor, who invented it. Jiaozi has many different flavors depending on what you put inside.

What does the article mainly tell about?

It mainly tells the experience with food of Tony, an American boy.

三、文化理解

2. 深度思考：请学生思考为什么食物是沟通的桥梁，并分享他们的答案。

Culture Understanding

How do you understand "food is the bridge of communication?"

1. Food Breaks Down Language Barriers (The "Non-Verbal" Bridge) 食物打破语言障碍。
2. Food Carries Cultural Stories (The "Cultural Exchange" Bridge) 食物承载文化故事。
3. Food shows Care (The "Emotional" Bridge) 食物传递爱意。
4. Food Creates Shared Memories (The "Long-Term Bond" Bridge) 食物分享记忆。

1. 请学生阅读任务的具体要求。

Choose a proper restaurant

两位法国客户要来参观你所在的公司。他们喜爱中华文化，这是第一次访问中国。你将接待他们并共进晚餐。你需要选择一家餐馆，总预算在400元以内。



四、小组合作

2. 然后引导他们阅读关于三家餐厅的信息，并填写表格。

Read the ads for three restaurants. Fill in the table with key information.
阅读三家餐馆的广告，将关键信息填入下页表格中。

淮扬菜
Huaiyang Cuisine

清淡、温和且甘甜
light, mild and sweet

Huaiyanglou Restaurant 3KM
Our restaurant serves Huaiyang Cuisine. The dishes have a light, mild and sweet flavor. In addition, they look good. (另外，此外)

Average price per person (人均价格)
¥105



3. 请学生根据广告中的关键信息填写表格。

Read the ads for three restaurants. Fill in the table with key information.
阅读三家餐馆的广告，将关键信息填入下页表格中。

Restaurant	Average Price / Person	Flavor	Other Factors
Huaiyanglou	105 yuan	light, mild and sweet	look good
Shuxiang Yufu	80 yuan	spicy and mouth-numbing	popular at home and abroad bright colors and various cooking methods
Guangweilou	150 yuan	mild, fresh and natural	rich ingredients a variety of cooking methods Most of the Chinese restaurants abroad are Guangdong style restaurants

4. 分组讨论。选择一家餐厅，并说明选择它的理由。

	Discuss in groups. Choose a restaurant and give your reasons for choosing it. 小组讨论，选出一家餐馆并给出理由。 ◆◆◆◆ Your Choice and Reasons I choose the Huaiyang Cuisine restaurant. Because it serves dishes that have a light, mild and sweet flavor. It would be easier for the French customers to get used to. In addition, they look good. Apart from the quality of food, the distance is only 3 km within walking distance. And the average price per person is ¥105 within a proper price range. 
五、总结	重点词汇： Germany - n. - 德国 Southern - adj. - 南部的 common - adj. - 常见的 dish - n. - 菜肴 steamed - adj. - 蒸制的 dumpling - n. - 饺子 crust - n. - 外壳 served - v. - 供应 重点句型： There are ... in the world. Let's take a deeper look at ... I traveled to ... and experienced a unique dish that is common in ... regions. The dish is made of ... and served with ..., creating a mix of flavors that might sound strange but is actually delicious.
六、作业	1. 背诵你所学的单词和短语。 2. 完成这封邮件并润色它。