

Unit 6 Food and Drinks

Culture Understanding & Group Work

一、核心词汇检测

1. _____ 短语 除了
2. _____ adj. 苦的
3. _____ adj. 温暖舒适的
4. _____ n. 菜肴
5. _____ n. 甜点
6. _____ n. 用餐
7. _____ 短语 外出就餐
8. _____ n. 味道；口味
9. _____ adj. 新鲜的
10. _____ adj. 油炸的；炒的
11. _____ n. 食材；成分
12. _____ n. 饥饿

二、完形填空

Chinese food is famous all over the world for its variety and taste. There are eight main cooking styles in China. Sichuan food is known for being _____ 1 _____ while Cantonese food is lighter. A balanced _____ 2 _____ should include vegetables, fruits, meat and grains. Eating too much fast food is _____ 3 _____ for our health. We should also pay attention to food _____ 4 _____ and eat fresh food. Many Chinese people like drinking tea.

Tea is an important ____5____ of Chinese food culture. Green tea helps with digestion, and chrysanthemum tea is good for cooling the body.

Chinese people believe that food is not just about eating, but also about culture and ____6____. During the Spring Festival, families get together to make dumplings. The taste of Chinese food can be sweet, ____7____, salty or bitter. Apart from Chinese food, many young people now also enjoy Western food ____8____ as pizza, hamburgers and steak. No matter what kind of food you like, the most important thing is to eat a ____9____ diet. As the saying goes, "You are what you ____10____."

1. A. sweet B. spicy C. sour D. bitter
2. A. diet B. book C. game D. movie
3. A. good B. bad C. important D. different
4. A. safety B. price C. color D. weight
5. A. problem B. part C. danger D. trouble
6. A. money B. family C. war D. sport
7. A. spicy B. hot C. cold D. soft
8. A. such B. so C. very D. quite
9. A. healthy B. heavy C. sweet D. fast
10. A. eat B. drink C. like D. have

三、单项选择

1. Sichuan food is famous for its _____ taste.
A. sweet B. spicy C. bitter D. sour

2. We should eat more _____ food like vegetables and fruit.

A. fried

B. fast

C. sweet

D. healthy

3. Tea is a popular _____ in China.

A. fruit

B. food

C. drink

D. meat

4. My mother _____ delicious dumplings for us.

A. making

B. makes

C. made

D. makes

5. We usually _____ breakfast at 7 o'clock.

A. having

B. has

C. have

D. had